

2022 HEDIS Measure Tips



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One in a series of tip sheets that look at key Healthcare Effectiveness Data and Information Set measures, commonly referred to as HEDIS® measures.

This measure applies to both commercial and Medicare members.



Statin Therapy for Patients with Diabetes (SPD)

Effectiveness of Care HEDIS® Measure*

HEDIS measure description

The percentage of diabetic members without clinical atherosclerotic cardiovascular disease (ASCVD) who were dispensed and adhered to statin medication therapy during the measurement year.

Measure population (denominator)

Members 40-75 years of age during the measurement year with diabetes who do not have ASCVD.

Measure compliance (numerator)

Two rates are reported:

1. Received Statin Therapy: dispensed **at least** one statin medication of any intensity during the measurement year.
2. Statin Adherence: remained on statin medication of any intensity for **at least** 80% of the treatment period.

Exclusions

- Members with cardiovascular disease
- Members in hospice or using hospice services anytime during the measurement year
- Receiving palliative care during the measurement year
- Are age 66 and older with advanced illness and frailty (for additional definition information, see the Advanced Illness and Frailty Guide)
- Cannot tolerate statin medications as evidenced by a claim for myalgia, myositis, myopathy or rhabdomyolysis during the measurement year (see ICD-10 codes on next page)

Did you know?

- People with diabetes also have elevated cardiovascular risk, thought to be due in part to elevations in unhealthy cholesterol levels. Having unhealthy cholesterol levels places people at significant risk for developing ASCVD.
- Medication non-adherence accounts for a significant amount of older adult hospital admissions, nursing home admissions, and preventable adverse drug events.

continued

Exclusions *continued*

- Any of the following during the measurement year or year prior:
 - Diagnosis of pregnancy
 - In vitro fertilization
 - Dispensed Estrogen Agonists (Clomiphene)
 - ESRD or dialysis
 - Cirrhosis

Information that patient claims should include

In order to exclude patients from the measure who cannot tolerate statin medications, a claim **MUST** be submitted **annually** using the appropriate ICD-10-CM code:

Condition	ICD-10-CM code
Myalgia	M79.1, M79.10–M79.12, M79.18
Myositis	M60.80–M60.819; M60.821–M60.829; M60.831–M60.839; M60.841–M60.849; M60.851–M60.859; M60.861–M60.869; M60.871–M60.879; M60.88–M60.9
Myopathy	G72.0, G72.2, G72.9
Rhabdomyolysis	M62.82

Helpful HEDIS hints

- **Prescribe** at least one statin medication of any intensity during the measurement year to diabetic patients without ASCVD.
- **Statins** decrease inflammation and may stabilize plaque reducing the vulnerability of coronary plaques.
- **Medication** samples, when given, are not captured through BCBSM pharmacy claims and therefore do not close gaps.
- **Prescriptions** filled through pharmacy discount programs are not captured through BCBSM pharmacy claims and members may pay more for the statin than if they used their prescription drug coverage.
- **Educate** patients on the importance of statin medications for diabetic patients over the age of 40, regardless of LDL levels
- **Remind** patients to contact their practitioner if they think they are experiencing adverse effects to statins. Consider trying a different statin that is more hydrophilic or reducing the dose or frequency.
- **Once** patients demonstrate they can tolerate statin therapy, encourage them to obtain 90-day supplies at their pharmacy.

Resources

1. American Heart Association (AHA). "Heart disease and stroke statistics-2017 update: A Report from the American Heart Association."
ahajournals.org/doi/10.1161/CIR.0000000000000485
2. Adult Medication. "Improving Medication Adherence in Older Adults." 2012.
adultmedication.com/

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